



MONDAY 11th to SUNDAY 17th November






Windsor Lounge

<p>Monday 11th 11 am- One minute of silence. Share memories from war times.  1:30 pm – Remembrance Day Quiz</p>	<p>Tuesday 12th 11 am- Wordsearch  1:30 pm– Puzzles</p>	<p>Wednesday 13th 11 am- Social morning “World Kindness Day”  1: 30 pm- Colouring</p>	<p>Thursday 14th 11 am- Puzzles  11:30 am Gentlemen’s club</p>	<p>Friday 15th 10:45 am Exercise with Igor  1:30 pm Oomph choice</p>	<p>Saturday 16th 10 am- Brain training; games & puzzles  2 pm- Oomph Choice</p>	<p>Sunday 17th 10 am Tv choice  2 pm – Oomph choice</p>
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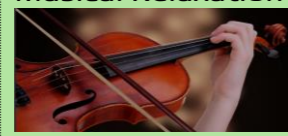





The Film House

<p>Monday 1:30 pm Film of choice </p>	<p>Tuesday 10-12 am German Group </p>	<p>Wednesday 11:15 am- Discussion Group A </p>	<p>Thursday 2 pm – Entertainment with David Meek </p>	<p>Friday 1:30 pm TV choice </p>	<p>Saturday 2 pm-Brain Training jigsaw & puzzles </p>	<p>Sunday 2 pm- Afternoon film; resident’s choice </p>
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Balmoral Lounge

<p>Monday 11 am- Colouring  1:30 pm Parachute game</p>	<p>Tuesday 11 am- Documentary “Sea of lives”  2pm – Irish music</p>	<p>Wednesday 11 am- Remembering the 40s <i>1940s Fashion Calendar</i>  2 pm -Music</p>	<p>Thursday 11 am- Painting  2 pm – Balloon game</p>	<p>Friday10 10 am- Exercise with Igor  2 pm- Music therapy</p>	<p>Saturday 10 am- Mindfulness; Musical Relaxation  2 pm-Oomph choice</p>	<p>Sunday 9 am- TV Choice  2 pm- Oomph choice</p>
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The Orangery and The Zen Room

<p>Monday 11 am ZEN- Social morning and Magic table  2 pm Orangery – Tv choice</p>	<p>Tuesday 10:30 am Orangery- Mindfulness; Musical Relaxation  2 pm ZEN – Magic table</p>	<p>Wednesday 11 am Orangery- Games & Puzzles  2 pm ZEN -Magic table</p>	<p>Thursday 11 am Orangery – Classical music  2:30 pm ZEN – Magic table</p>	<p>Friday 11 am Orangery – TV choice  2 pm ZEN – Magic table</p>	<p>Saturday 11 am Orangery- Mindfulness; Musical Relaxation  1:30 pm ZEN- Magic table</p>	<p>Sunday 11 am ZEN- Jigsaw & Puzzles  2 pm Orangery- Oomph choice</p>
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